

KENZEN™ CREAMY PROTEIN SHAKE Meal Replacement QUICK REFERENCE SHEET



- Provides healthy, balanced nutrition
- High in protein, vitamins and minerals
- Contains fiber
- Features non-GMO soy and whey protein
- Quality, bioavailable ingredients
- Can replace any meal, great creamy taste
- Keeps you from feeling hungry
- Available in creamy chocolate and creamy vanilla
- Kosher certified

Kenzen Wellness

The Nikken Nutrition Philosophy

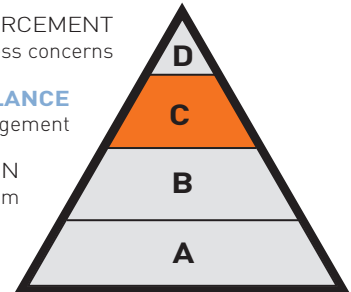
Hippocrates, the father of medical science, said, "Let food be your medicine." Nikken Kenzen Wellness nutrition is based on the principle that natural, whole foods are the ideal source of the nutrients your body was designed to consume. They are "living foods" in the sense that healthy, natural nutrition supports normal physical function, contributes fuel for energy, and helps the body defend itself against illness, aging and environmental challenge.

KENZEN™ REINFORCEMENT
Targeted for specific wellness concerns

KENZEN™ BODY BALANCE
Designed to support fitness, weight management

KENZEN™ DAILY NUTRITION
A comprehensive nutritional program

KENZEN™ BASICS
The foundation of your nutrition regimen



FEATURES/BENEFITS:

- Provides 20 grams of soy and whey protein A healthy alternative to high-fat animal proteins.
- Four grams of fat, nine grams of carbohydrates Ideal for use in a weight management program.
- Monosaturated fats and all-natural fiber Adds feeling of fullness, helps satisfy hunger pangs.
- No trans fats Helps you avoid dietary fats linked to weight gain and health problems.
- Balanced meal. Offers nutrient content equal or better to typical meals, with a fraction of the calories.
- Probiotics. Offers beneficial bacteria to support digestive health.
- Great taste Just add water, or mix with fruit, juices or milk for variety.
- Kosher certified Meets dietary rules.

KENZEN™ CREAMY PROTEIN SHAKE

Meal Replacement

QUICK REFERENCE SHEET

THE FACTS

- Intake of protein is associated with a more controlled, gradual rise in blood sugar and increased sense of satisfaction compared to carbohydrates — which can help in weight management.
- Protein also contains enzymes that regulate many metabolic processes, so maintaining protein levels can assist in metabolic management.
- As source of protein, soy and whey offer many benefits. They support the body's response to symptoms associated with menopause. They assist in maintaining healthy bone tissue.
- Soybeans alone contain all the amino acids essential to human nutrition, compounds that must be replenished in the diet because they are not synthesized within the body.
- Creamy Protein Shake offers phytonutrients, for antioxidant support, and ingredients to promote healthy digestion. It is formulated for bioavailability (enhanced absorption of nutrients).
- According to the US Food and Drug Administration, most Americans consume too many calories but not enough nutrients. Kenzen Creamy Shake offers a response to both those issues, with its combination of low calories and high nutrient content.
- Use of Creamy Protein Shake can be tailored to meet your personal weight management goals. To lose weight it can replace any meal or any two meals per day. To maintain a desired weight, it can replace one meal, and for weight gain it can be consumed in addition to healthy meals. Available in chocolate and vanilla flavors, and mixed with other foods such as fruit or yogurt, it makes a delicious and satisfying meal in many different ways.

PRODUCT INFORMATION

ITEM CODE	DESCRIPTION	SUGGESTED US RETAIL
#2513	US Kenzen Creamy Vanilla Protein Shake	\$ 43.00
#2514	US Kenzen Creamy Chocolate Protein Shake	\$ 43.00
AVAILABILITY		
US: YES CN: NO		
FEATURED NIKKEN TECHNOLOGY		
Kenzen Wellness Technology		
HOW TO USE		
Use in place of 2 meals per day for weight loss, 1 meal a day for weight management and 3 times a day in addition to regular meals for weight gain. Mix two rounded scoops with 8-10 fluid ounces/250 ml of water or milk and shake vigorously. Can be enhanced with PiMag™ water.		

Creamy Protein Shake is recommended for use as part of a weight management program that includes a healthy diet and exercise. This product should be used in conjunction with at least one healthy meal per day, consisting of 450-500 calories of whole, fresh foods from the four basic food groups. Always consult your health care provider before using any weight management/weight loss product.

QUICK SHARING TIPS

- Creamy Protein Shake offers a balanced blend of nutrients that in many cases exceeds the nutritional content of typical meals. The formulation is designed to provide a meal replacement with maximum nutrition, minimum calories and optimal taste.

CHOCOLATE

Nutrition Facts	
Serving Size: 2 rounded scoops (35 g)	
Servings Per Container: 12	
Amount Per Serving	
Calories 130	Calories from fat 35
% Daily Value*	
Total Fat	4g 6%
Saturated fat	1g 6%
Trans Fat	0g
Cholesterol	35mg 12%
Sodium	230 mg 10%
Potassium	170mg 5%
Total Carbohydrate	8g 3%
Dietary fiber	4g 16%
Soluble	3g
Insoluble	1g
Sugars	2g
Protein	20g
Vitamin A	50%
Vitamin C	50%
Calcium	10%
Iron	0%
Vitamin D	50%
Vitamin E	50%
Vitamin K	50%
Thiamin	60%
Riboflavin	70%
Niacin	50%
Vitamin B6	50%
Folate	50%
Vitamin B12	50%
Biotin	50%
Pantothenic acid	50%
Phosphorus	5%
Iodine	50%
Magnesium	25%
Zinc	50%
Selenium	50%
Copper	50%
Manganese	50%
Chromium	50%
Molybdenum	50%
* Percent Daily Values are based on a 2,000 calorie diet. Your values may be higher or lower depending on our calorie needs:	
	Calories 2,000 2,500
Total fat	Less than 65g 80g
Sat. fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total carbohydrate	300g 375g
Dietary fiber	25g 30g
Protein	50g 65g
Calories per gram:	
Fat 9	Carbohydrates 4 Protein 4

INGREDIENTS: Nikken Whole Protein Blend (Whey Protein Concentrate, Identity Preserved Soy Protein Isolate, Calcium Caseinate, Sodium Caseinate), Nikken Whole Fiber Blend (Vegetable Fiber, Hydrolyzed Guar Gum, Oat Fiber), Cocoa Powder, Sunflower Oil, Natural & Artificial Flavors, Maltodextrin, Buttermilk, Vitamin Mineral Blend (Calcium Phosphate, Magnesium Oxide, Vitamin E Acetate, Ascorbic Acid (Vitamin C), Sodium Selenate, Biotin, Niacinamide, Zinc Oxide, Potassium Iodide, Vitamin A Palmitate, d-Calcium Pantothenate, Phytonadione (Vitamin K), Cyanocobalamin (Vitamin B12), Manganese Sulfate, Copper Sulfate, Sodium Molybdenate, Pyridoxine Hydrochloride (Vitamin B6), Chromium Chloride, Riboflavin (Vitamin B2), Thiamine Hydrochloride (Vitamin B1), Folic Acid (Vitamin C), Cholecalciferol (Vitamin D2)), Xanthan Gum, Sodium Chloride, Potassium Phosphate, Mono & Diglycerides, L-Arginine, Guar Gum, Carrageenan, Sucralose, Acesulfame Potassium, Lactobacillus Acidophilus, Bifidobacterium Longum.

Contains soy and milk.

VANILLA

Nutrition Facts	
Serving Size: 2 rounded scoops (35 g)	
Servings Per Container: 12	
Amount Per Serving	
Calories 140	Calories from fat 35
% Daily Value*	
Total Fat	3.5g 6%
Saturated fat	1.5g 7%
Trans Fat	0g
Cholesterol	35mg 12%
Sodium	210 mg 9%
Potassium	115mg 3%
Total Carbohydrate	8g 3%
Dietary fiber	5g 19%
Soluble	5g
Insoluble	0g
Sugars	2g
Protein	20g
Vitamin A	50%
Vitamin C	50%
Calcium	10%
Iron	0%
Vitamin D	50%
Vitamin E	50%
Vitamin K	50%
Thiamin	60%
Riboflavin	70%
Niacin	50%
Vitamin B6	50%
Folate	50%
Vitamin B12	50%
Biotin	50%
Pantothenic acid	50%
Phosphorus	5%
Iodine	50%
Magnesium	25%
Zinc	50%
Selenium	50%
Copper	50%
Manganese	50%
Chromium	50%
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